

Belegung Josef-Becker- Halle Stand: Mai 2025

	Mo		Di		Mi		Do		Fr		Sa		So			
Zeit	Sportart	U-Leiter	Sportart	U-Leiter	Sportart	U-Leiter	Sportart	U-Leiter	Sportart	U-Leiter	Sportart	U-Leiter	Sportart	U-Leiter	Zeit	
07:50-08.00																
08.00-08.30															08.00-08.30	
08.30-09.00		7													08.30-09.00	
09.00-09.30															09.00-09.30	
09.30-09.45	Fit mit Gym								Fit ins Wochenende FUF	Y. Girschik					09.30-09.45	
09.45-10.00														09.45-10.00		
10.00-10.30	FMG	S. Ferreira	Eltern+Kind EK1	C. Attabra	Eltern+Kind EK2	C. Attabra	Morgenfitness1 50+ M50	B.Vester	kleine Strolche KLS	Y. Girschik					10.00-10.30	
10.30-10.45																
10.45-11.00															10.45-11.00	
11.00-11.30	Fit in die Woche															11.00-11.30
11.30-11.45															11.30-11.45	
11.30-12.00																11.30-12.00
12.00-12.15	BWT	A. Kämper													12.00-12.15	
12.15-12.30															12.15-12.30	
12.30-13.00															12.30-13.00	
13.00-13.30															13.00-13.30	
13.30-14.00															13.30-14.00	
14.00-14.15															14.00-14.15	
14.15-14.30															14.15-14.30	
14.30-15.00															14.30-15.00	
15.00-15.15															15.00-15.15	
15.15-15.30	Kinder 3 - 4 Jahre KI1	C. Attabra	Eltern+Kind												15.15-15.30	
15.30-15.45															15.30-15.45	
15.45-16.00															15.45-16.00	
16.00-16.15	Kinder 3 - 4 Jahre KI6	C. Attabra	EK4	M. Bruneit			Eltern+Kind EK2	C. Bruneit							16.00-16.15	
16.15-16.30					aktiv bis 100										16.15-16.30	
16.30-16.45			Kinder 3 - 4 Jahre KI5	M. Bruneit			Kinder 3-4 KI2	C. Bruneit							16.30-16.45	
16.45-17.00					ABH	S. Ferreira									16.45-17.00	
17.00-17.15	Herz Reha		Herz Reha						Flagfootball U7 FLG	J. Torabian					17.00-17.15	
17.15-17.30																17.15-17.30
17.30-17.45					Orthopädie 2											17.30-17.45
17.45-18.00																17.45-18.00
18.00-18.15															18.00-18.15	
18.15-18.30	HE2	S. Belz	HE3	A. Kämper											18.15-18.30	
18.30-18.45															18.30-18.45	
18.45-19.00															18.45-19.00	
19.00-19.15	Wirbels. Gym WSG1		Herz Reha						Dance&Fit DFE	M. Sauer					19.00-19.15	
19.15-19.30																
19.30-19.45															19.30-19.45	
19.45-20.00			HE1	C. Hector											19.45-20.00	
20.00-20.30	Wirbels. Gym														20.00-20.30	
20.30-20.45																20.30-20.45
20.45-21.00	WSG2	E. Klepzig													20.45-21.00	
21.00-21.30															21.00-21.30	
21.30-22.00															21.30-22.00	